

THE FOURTH SUNDAY OF ADVENT

COLLECT

God our redeemer,
who prepared the Blessed Virgin Mary
to be the mother of your Son:
grant that, as she looked for his coming as our saviour,
so we may be ready to greet him
when he comes again as our judge;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING Micah 5.2-5a

But you, O Bethlehem of Ephrathah,
who are one of the little clans of Judah,
from you shall come forth for me
one who is to rule in Israel,
whose origin is from of old,
from ancient days.
Therefore he shall give them up until the time
when she who is in labour has brought forth;
then the rest of his kindred shall return
to the people of Israel.
And he shall stand and feed his flock
in the strength of the Lord,
in the majesty of the name of the Lord his God.
And they shall live secure, for now he shall be great
to the ends of the earth;
and he shall be the one of peace.

RESPONSORIAL PSALM 79

Response: God of hosts, bring us back:
let your face shine on us and we shall be saved.

1. O shepherd of Israel, hear us:
shine forth from your cherubim throne.
O Lord, rouse up your might:
O Lord, come to our help. R.
2. God of hosts, turn again, we implore:
look down from heaven and see.
Visit this vine and protect it:
the vine your right hand has planted R.
3. May your hand be on the man you have chosen:
the man you have given your strength.
And we shall never forsake you again:
give us life that we may call upon your name. R.

SECOND READING Hebrews 10.5-10

Consequently, when Christ came into the world, he said,

'Sacrifices and offerings you have not desired,
but a body you have prepared for me;
in burnt-offerings and sin-offerings
you have taken no pleasure.
Then I said, "See, God,
I have come to do your will, O God"
(in the scroll of the book it is written of me).'

When he said above, 'You have neither desired nor taken pleasure in sacrifices and offerings and burnt-offerings and sin-offerings' (these are offered according to the law), then he added, 'See, I have come to do your will.' He abolishes the first in order to establish the second. And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

GOSPEL ACCLAMATION

Alleluia, Alleluia!
I am the handmaid of the Lord;
Let what you have said be done to me.
Alleluia!

GOSPEL Luke 1.39-45

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Lord.'

POST COMMUNION

Heavenly Father,
who chose the Blessed Virgin Mary
to be the mother of the promised saviour:
fill us your servants with your grace,
that in all things we may embrace your holy will
and with her rejoice in your salvation;
through Jesus Christ our Lord.



God of hosts, bring us back; let your face shine on us and we shall be saved.